



## **Shave Guidance Sheet**

Need – 4 Hot Towels  
1 Cold Towel, put in fridge  
Cleanser  
Shave Oil  
Shave Cream  
Toner  
Moisturiser  
Three bowls (Blade / Brush / Cream )  
Razor

### **Shaving Steps**

1. Fan hot towel in front of face  
Hold on face
2. Apply Cleanser  
2<sup>nd</sup> Hot towel
3. Apply generous amount of oil with massage
4. 3<sup>rd</sup> Hot towel, hold on face, DON'T remove oil
5. Apply shave cream with water to face
6. Life head, turn
7. Start shave  
Lift head, turn
8. Apply shave cream, 4<sup>th</sup> Hot towel  
Second shave
9. Apply cold towel, clean with cold towel
10. Assess shave feel for hair
11. Apply toner
12. Apply Moisturiser with MASSAGE
13. Sit upright offer glass of water